

Wessex Counselling Service

Aims and Values

Wessex Counselling Service is a charitable organisation.

Our aims are

1. To provide professional psychodynamic counselling for those who seek it, offering when possible subsidised places for those less able to pay.
2. To provide high quality psychodynamic training at various levels from an introduction course through to a once weekly psychodynamic psychotherapist course.
3. To act as consultants to other professionals
4. To offer high quality supervision to other professionals

The service is psychodynamic in orientation and as such we aim to value and respect those with whom we work, whether as colleagues, clients or students.

Every client and student is an individual with a unique history and set of circumstances. We aim to recognise and value this in our work and training.

Wessex Counselling Service is committed to equal opportunities and we aim to operate in a way that does not discriminate against anyone on the grounds of gender, race, disability, sexuality or creed. See our equal opportunities policy for full details.

All counselling undertaken at Wessex adheres to the British Association for Counselling & Psychotherapy's Ethical framework for Good Practice in Counselling and Psychotherapy.

Normally everything discussed with the counsellor will be confidential to the counsellor and their supervisor. However there are certain situations where the counsellor may have a duty under the Law to break confidentiality. It can only be broken for the following reasons

- When the counsellor deems that the client is a danger to others, to themselves or to the organisation
- In the event of any disclosure of acts of terrorism
- If there is a disclosure of abuse/neglect of a child or vulnerable adult
- In the event of any disclosure of a serious crime for instance money laundering, kidnapping or treason

If it becomes necessary to break confidentiality every attempt will be made to do so with the client's full knowledge and to support them through the process.

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